

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: SCR

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: LAVIOLETTE Philippe

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M MEDLEY MEN							Heat:2, starttime: 09:20	
Heat: 2/3 Lane : 7 Athlete: VOS SEM							Q-time: 04:40:70	
PB (25m pool): 4:40.70 Saint-Dizier (F 12 Oct 2025				PB (50m pool): 4:49.17 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		30.32		1:04.14		1:40.72		2:16.27
	30.32		33.82		36.58		35.55	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:54.88		3:34.82		4:08.56		4:40.70
	38.61		39.94		33.74		32.14	
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN							Heat:3, starttime: 09:25	
Heat: 3/3 Lane : 4 Athlete: LAVIOLETTE SIMON							Q-time: 04:21:43	
PB (25m pool): 4:21.43 Gent 9 Nov 2024				PB (50m pool): 4:22.81 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		28.24		1:01.17		1:34.69		2:07.70
	28.24		32.93		33.52		33.1	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:44.65		3:21.43		3:51.68		4:21.43
	36.95		36.78		30.25		29.75	
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN							Heat:3, starttime: 09:25	
Heat: 3/3 Lane : 5 Athlete: BUTTARELLI CLAUDIO							Q-time: 04:23:67	
PB (25m pool): 4:23.67 Riccione (ITA) 31 Mar 2025				PB (50m pool): 4:28.10 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		28.97		1:00.90		1:35.56		2:09.38
	28.97		31.93		34.66		33.82	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:46.23		3:23.97		3:54.18		4:23.67
	36.85		37.74		30.21		29.49	
								

Coach feedback: